



Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

Christmas Cracker 2018
Licensed Level 3
Braunstone Leisure Centre, Leicester
Saturday 22nd and Sunday 23rd December 2018

VENUE

Braunstone Leisure Centre, Leicester. The pool length is 25m, eight lanes, and will be equipped with electronic timing with full display and anti-wave lane ropes. It is the responsibility of the coaches/team managers to ensure that their swimmers use the facility for the purpose intended.

AGE GROUPS

The age groups are: - 10/11, 12, 13, 14, 15/16, 17 & Over for all events.
Ages as at 31st December 2018.

AWARDS

Awards will be given to the top three placed swimmers in each age group in each individual event.
In addition to the individual event awards there will be the following overall awards:-

A **Top Team** award.

Top Three Boy/Girl awards in each of the following ages:-

10/11, 12, 13, 14, 15/16, 17 & over

10/11, 12, 13, 14, 15/16 17 & over

The overall awards will be calculated as follows:-

Top Three Boy / Girl

FINA points will be calculated for all swims. These points will be accumulated into the appropriate British Age Group Category for each age group. The overall top three swimmers in each of these BAGCATs will receive an award.

Top Team

Event points will be scored for all events.

The scoring will be:- 1st 6 points, 2nd 5 points, 3rd 4 point, 4th 3 points, 5th 2 points 6th 1 point

Event points will be accumulated for all swimmers (from all age groups) for each Club.

The overall Top Club will receive a Trophy.

Please address any enquiries or queries to:- promoter.openmeet@derventioexcel.org.uk



Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

Christmas Cracker 2018 Licenced Level 3 Braunstone Leisure Centre, Leicester Saturday 22nd and Sunday 23rd December 2018

SCHEDULE OF EVENTS

Saturday Session 1

Warm Up 8:30am
Start 9:30am

Expected Finish 12.15pm

Sunday Session 3

Warm Up 8:30am
Start 9:30am

Expected Finish 12.15pm

Event	101	Male	100	Free
	102	Female	200	IM
	103	Male	50	Breast
	104	Female	50	Fly
	105	Male	200	Back
	106	Female	100	Breast
	107	Male	100	Fly
	108	Female		Skins

Event	301	Female	100	Free
	302	Male	200	IM
	303	Female	50	Breast
	304	Male	50	Fly
	305	Female	200	Back
	306	Male	100	Breast
	307	Female	100	Fly
	308	Male		Skins

Saturday Session 2

Warm Up 12:45pm EST TBC
Start 1:45pm EST TBC
Expected Finish 4:30pm EST TBC

Sunday Session 4

Warm Up 12:45pm EST TBC
Start 1:45pm EST TBC
Expected Finish 4:30pm EST 4:30pm

Event	201	Female	200	Free
	202	Male	50	Free
	203	Female	50	Back
	204	Male	200	Breast
	205	Female	100	Back
	206	Male	100	IM
	207	Female	200	Fly

Event	401	Male	200	Free
	402	Female	50	Free
	403	Male	50	Back
	404	Female	200	Breast
	405	Male	100	Back
	406	Female	100	IM
	407	Male	200	Fly

Christmas Cracker 2018





Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

Licensed Level 3**Braunstone Leisure Centre, Leicester****Saturday 22nd and Sunday 23rd December 2018****SHORT COURSE QUALIFYING TIMES**

Entries must be within (equal to or faster than) the qualifying times, published below. The acceptance of competitors will be based on a first come first service basis. (See Meet Rules and Information for full details).

Boys**Girls**

10/11	12	13	14	15/16	17+	EVENT	10/11	12	13	14	15/16	17+
44.2	39	35.4	33.1	31.6	30.4	50m Freestyle	46.4	38.9	37.2	35.0	34.5	34.2
1.35.9	1.24.5	1.18.4	1.15.3	1.10.4	1.08.5	100m Freestyle	1.35.4	1.23.8	1.19.9	1.17.1	1.16.2	1.15.1
3.27.2	2.58.0	2.44.5	2.35.6	2.32.5	2.29.0	200m Freestyle	3.28.0	2.59.3	2.50.7	2.46.8	2.44.7	2.40.7
58.9	48.1	46.9	44.6	43.4	41.7	50m Breaststroke	59.6	49.4	47.2	45.8	44.3	43.0
1.58.6	1.45.2	1.37.3	1.32.8	1.29.6	1.26.5	100m Breaststroke	1.59.6	1.46.6	1.41.7	1.39.3	1.36.4	1.35.2
4.22.5	3.52.4	3.39.1	3.29.9	3.22.9	3.16.9	200m Breaststroke	4.24.6	3.48.5	3.37.8	3.31.8	3.25.4	3.20.5
49.9	42.1	39.7	38.1	35.7	33.6	50m Butterfly	50.3	43.1	40.3	39.1	36.7	34.6
1.44.5	1.32.8	1.27.1	1.22.9	1.18.8	1.16.6	100m Butterfly	1.45.9	1.33.2	1.30.2	1.25.6	1.23.8	1.22.0
3.57.5	3.25.0	3.10.8	3.02.3	2.55.3	2.53.1	200m Butterfly	3.59.9	3.26.8	3.16.7	3.10.1	3.00.8	2.55.5
49.5	43.3	39.6	36.8	35.6	34.1	50m Backstroke	52.7	44.5	40.7	38.5	37.1	36.8
1.47.3	1.34.6	1.25.6	1.19.5	1.15.7	1.14.5	100m Backstroke	1.48.3	1.33.2	1.29.9	1.26.3	1.24.0	1.22.5
3.41.3	3.16.4	3.04.3	2.56.9	2.50.2	2.47.0	200m Backstroke	3.44.7	3.18.1	3.09.0	2.59.9	2.56.0	2.54.5
1.35.9	1.30.7	1.25.1	1.20.1	1.15.8	1.13.3	100m Ind Medley	1.37.2	1.34.1	1.32.9	1.29.6	1.25.4	1.21.9
3.46.6	3.22.7	3.15.8	3.06.0	2.58.6	2.50.5	200m Ind Medley	3.48.6	3.23.5	3.17.9	3.12.4	3.08.30	2.58.0

Long Course conversions will be accepted.



Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

Christmas Cracker 2018
Licensed Level 3
Braunstone Leisure Centre, Leicester
Saturday 22nd and Sunday 23rd December 2018

UPPER LIMIT TIMES

Entries must be no faster than the upper limit qualifying times, published below.

Boys**Girls**

10/11	12	13	14	15/16	17+	EVENT	10/11	12	13	14	15/16	17+
29.6	27.9	26.6	25.6	24.8	24.1	50m Freestyle	30.0	28.9	27.9	27.5	27.1	26.8
1.04.0	1.01.2	58.8	56.8	53.6	51.1	100m Freestyle	1.04.3	1.01.9	59.6	58.6	58	57.7
2.22.1	2.14.8	2.07.4	1.59.0	1.56.4	1.55.5	200m Freestyle	2.25.4	2.17.0	2.10.6	2.08.9	2.06.4	2.02.4
39.5	36.1	33.8	32.5	31.4	28.0	50m Breaststroke	38.5	36.4	35.2	34.5	33.0	31.5
1.22.7	1.17.2	1.12.3	1.09.5	1.07.3	1.06.5	100m Breaststroke	1.22.5	1.18.0	1.15.1	1.13.0	1.12.4	1.11.3
3.02.4	2.51.6	2.38.7	2.32.2	2.29.1	2.20.5	200m Breaststroke	3.04.1	2.52.2	2.41.1	2.39.7	2.36.3	2.34.6
32.8	31.1	29.3	28.1	27.1	25.0	50m Butterfly	33.1	31.4	30.5	29.9	29.4	28.5
1.14.5	1.10.6	1.04.6	1.01.8	59.8	57.9	100m Butterfly	1.15.6	1.11.2	1.06.2	1.05.2	1.04.9	1.01.9
2.38.9	2.28.8	2.20.5	2.14.6	2.09.1	2.06.0	200m Butterfly	2.39.8	2.29.4	2.24.4	2.20.9	2.18.8	2.16.5
34.1	32.8	30.9	29.4	28.4	26.9	50m Backstroke	34.2	32.5	31.6	31.0	30.7	29.1
1.14.3	1.10.0	1.06.1	1.02.4	59.9	57.1	100m Backstroke	1.15.0	1.10.9	1.06.9	1.04.1	1.02.1	1.01.8
2.38.8	2.31.0	2.21.2	2.12.7	2.09.9	2.05.9	200m Backstroke	2.40.5	2.32.0	2.24.5	2.21.2	2.19.9	2.15.3
1:15.2	1:11.0	1:07.0	1:04.0	1:02.3	58	100m Ind Medley	1:14.8	1:11.3	1:09.0	1:08.2	1:07.4	1:04.00
2:39.5	2:32.5	2:24.4	2:17.7	2:12.7	2:04.5	200m Ind Medley	2:41.6	2:34.6	2:27.3	2:25.0	2:23.0	2:15.00



Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

Christmas Cracker 2018 Licenced Level 3 Braunstone Leisure Centre, Leicester Saturday 22nd and Sunday 23rd December 2018

Meet Rules and Conditions

The meet will be held under A.S.A laws and A.S.A technical rules of swimming. This event is **LICENCED LEVEL 3** by the ASA for entry into Regional and County Championships. Officials will be from Regional and county lists of Swim England.

All competitors must be members of an affiliated club, eligible to compete and registered in accordance with A.S.A laws and A.S.A technical rules and may enter in the name of one club only.

The promoter reserves the right to limit entries to ensure we do not exceed the maximum time limit laid down by the ASA. In the event that entries are rejected the entry fee will be refunded, a single cheque will be made payable to the club in question. By submitting entries on the official entry forms or electronically, clubs and competitors accept the rules of this competition. Competitors whose entries are accepted and subsequently found to have been entered in the wrong event(s) because of incorrect entry information will be withdrawn from the event(s) and will not have their entry fees refunded. If the error is on the part of the organiser, the swimmer will be withdrawn from the incorrect event(s) and will be where possible entered into the correct event

The pool is 25m and the competition will be swum **short course**. Anti-wave devices will be in place and electronic timing/placing will be used wherever possible. Over the top starts may be used at the promoters' discretion.

Entries with Short Course times (long course conversions accepted) should be made via Sports Systems Entry Manager file (or individual entry form if applicable) backed up with the cash entry summary & poolside pass application form together with entry fees. All entries must be received by **24th November 2018**.

The acceptance of competitors will be based on a first come first service basis. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. Heats will be swum with all age groups combined and swimmers seeded by entry times. Entries must be within (i.e. equal to or faster than) the published qualifying times for each event but no faster than the upper limit qualifying times.

The entry fee is **£6.00** per event for electronic entries or **£7.00** per event for paper entries. Cheques should be made payable to Derventio eXcel Open Meet. For payment by electronic transfer our bank details are:- NatWest Bank Sort Code: 60 02 18 Account: 63925303. Ref: Your home club name.

As soon as possible after the closing date, club list sheets will be posted on the Derventio eXcel website, together with any information in respect of entries not accepted. All refunds will be made 'en block' to the club submitting the entries, these will be made by bank transfer or will be available for collection by Clubs on the day. **There will be no refunds for withdrawals after the closing date.**

All events are being swum combined, however awards will be age grouped. **Ages will be as at 31st December 2018.** By submitting entries, consent is thereby given, as required under the data Protection Act of 1984, to the holding of personal information on a computer. Personal data, including submitted and recorded times, may be made public during the meet.

The meet will be run without cards. If swimmers intend to withdraw they should inform the meet organisers before the start of the warm up in which that event is to be swum by email to promoter.openmeet@derventioexcel.org.uk

There will be no reserve list at this meet.

All events will be Heat Declared Winners and consist of:-
50m, 100m, & 200m all four strokes, 100m, & 200m

SKINS

The opportunity to compete in the skins event will be offered to 8 male and 8 female swimmers aged 12 years and over, who have swam the fastest 200m I.M. time on the day. If less than 8 swimmers accept in either category wish to compete, we will invite swimmers 9th, 10th, 11th etc. into the event.





Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

The skins competition is based on an individual medley, with all four strokes available to swim in each round. A random draw will take place before each round to decide the stroke to be swum.

At the end of each race, the swimmer who finishes last or is disqualified, will be eliminated from the competition. Prize will be awarded to the male and female swimmers finishing 1st, 2nd and 3rd.

The Skins rules can be found at the end of the meet pack.

Competitors must report to the competitor stewards prior to their event.

Only swimmers reporting for their event and appointed officials are allowed on poolside during the competition. During warm-ups only coaches and team managers holding the valid meet pass will be allowed on poolside. Wet swimmers are not allowed in spectator areas.

Any matter not covered by these conditions or by ASA laws or technical rules will be at the promoter's discretion.

Entry Forms/Payment to:-

Duane Rae-McLean
1 Stamford Close, Long Eaton,
Notts NG10 1PH

Electronic Entries/Enquiries:- entries.openmeet@derventioexcel.org.uk

Manual entries should be submitted to the above contact, all entries sent via post should be sent recorded delivery.

Electronic entries should be emailed to the above address and include an entry report. This should be backed up with full payment and completed cash entry summary sheet & poolside pass application form sent to the address as detailed.

For electronic entries emailed the sent date on the email will be classed as the date submitted likewise for postage entry the posted date will be classed as the entry date. **LATE ENTRIES WILL NOT BE ACCEPTED**

No entries will be processed without full and complete payment. Cheques should be made payable to Derventio eXcel Open Meet. For payment by electronic transfer our bank details are:- NatWest Bank Sort Code: 60 02 18 Account: 63925303. Ref: Your home club name.

The meet promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded, a single cheque or bank transfer will be made payable to club in question.

POOLSIDE PASSES

Poolside passes are **£15.00** each for the weekend or **£10.00** each per day, including results and poolside refreshments. Each club may apply for an initial 3 passes (additional passes may be purchased based upon the number of swimmers present at the meet). Passes will only be processed after receipt of the requested DBS information detailed on the application form. Passes maybe requested on the day but will only be issued with proof of a valid DBS certificate. Passes must be worn at all times whilst on poolside and will be required to gain access.

Poolside passes/packs will be available from the meet office before the start of the meet and will include a meet programme and start lists (available at the start of each session).

THERE WILL BE NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOL PASS

The following session times are provisional. Session timing will be finalised once all entries have been processed and will be posted on the Derventio eXcel website.

Saturday	Session 1 Warm up 8.30am Start 9.30am Session 2 Warm up 12.45pm Start 1.45pm
Sunday	Session 3 Warm up 8.30am Start 9.30am Session 4 Warm up 12.45pm Start 1.45pm

OFFICIALS

We would ask where possible that visiting clubs provide at least one qualified official per session, their details (together with their qualification) can be forwarded with the clubs entry information on the form included in this pack. Meals and refreshments will be provided.

ELECTRONICS

Swiss timing system with electronic display.





Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

MEET RESULTS

In addition to providing a real time results service the meet results will be posted on the Derventio eXcel within 24 hours of the meet closing. Results will also be passed to the ASA for their reference and inclusion in rankings.

For club's using Sports Systems or other software systems, a complete electronic copy of the meet results can be obtained following the meet. Any club's wishing this service should provide their email details to the meet office during or prior to the meet.

HEALTH & SAFETY

No outdoor shoes to be worn on the poolside. Suitable footwear must be worn outside the pool area. **Swimmers are asked not to enter the spectators' area or foyer unless they are dressed appropriately.**

It is the responsibility of the swimmer and or parent to declare to the referee any disability or medical condition that could present a health or safety risk. If such a disability or medical condition exists swimmers must produce a medical certificate confirming that their participation presents no health or safety problems.

MEET OFFICE

A Meet Office will be open for the duration of the meet. An emergency email address will be made available and will be displayed on the Derventio eXcel website during the week before the start of the meet.

Please address any enquiries or queries to:- Duane Rae-McLean at promoter.openmeet@derventioexcel.org.uk

General Information

1. Spectator tickets and programmes will be available at the table situated at the spectator's entrance to the pool.

Spectator admission prices:-

Children under 14 Free

All Day Saturday Adult £6.00 OAP £3.00

All Day Sunday Adult £6.00 OAP £3.00

Weekend Pass Adult £10.00 OAP £5.00

Session Pass Adult £4.00 OAP £3.00

Weekend Programme £5.00

2. Presentation of medals will be made as soon as possible after the event.

3. An accredited team of photographers may be present at the meet on both days. (Please check our web site at www.derventioexcel.org.uk)

4. Any conditions not covered in the above will be at the discretion of the promoters **Derventio Excel Swim Squad**.

5. The safety of all competitors, officials and spectators is of paramount importance. During this event announcements concerning your safety will be made in accordance with the recommendations of the ASA. The organisers ask everyone to pay particular attention to these announcements and instructions. Also please keep all emergency exits clear of obstruction and follow all the safety instruction given by the organisers or the sports centre staff.

Please address any enquiries or queries to:- Duane Rae-McLean at promoter.openmeet@derventioexcel.org.uk



Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

Christmas Cracker 2018
Licensed Level 3
Braunstone Leisure Centre, Leicester
Saturday 22nd and Sunday 23rd December 2018
Individual Entry Form

Please return completed entry form with the appropriate entry fee by the closing date of **24th November 2018**.
All times to be 25m short course (long course conversions accepted). Age as at 31st December 2018.

Name:			
Gender:	Male / Female	Entry No: (Official Use Only)	
Date of Birth:	/ /	ASA No:	
Club:			
Tel No:		Email:	

Event	Please tick to indicate events entered	Event	Please tick to indicate events entered
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
200m Freestyle		200m Breaststroke	
400m Freestyle		50m Butterfly	
50m Backstroke		100m Butterfly	
100m Backstroke		200m Butterfly	
200m Backstroke		200m Individual Medley	
100m Individual Medley		400m Individual Medley	

Total No of Entries:		@ £6.00 per Event	£ - p
Total No of Paper Entries		@£7.00 per Event	£ - p
Coaches Passes Req'd		@ £10.00 SAT/SUN (delete as applicable)	£ - p
Coaches Passes Req'd		@ £15.00 for Both Days	£ - p

This event is Licensed Level 3 by the ASA for entry into Regional and County Championships. Entries must be equal to or faster than the published qualifying times for each event. These entries will be accepted on a 'first come first served'. Please see meet rules and conditions for details. **Times must have been achieved since 1st December 2016.**

I certify that the above details are correct, I will abide by the promoter's conditions and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association.

Swimmer's Signature: _____ Date: _____

Please return all completed entry forms, together with entry fees to:- Duane Rae-McLean, 1 Stamford Close, Long Eaton, Notts, NG10 1PH
 (cheques payable to Derventio Excel Open Meet) **Electronic Entries/Enquiries:- entries.openmeet@derventioexcel.org.uk**

For payment by electronic transfer our bank details are:- NatWest Bank Sort Code: 60 02 18 Account: 63925303. Ref: Your home club name



Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

Christmas Cracker 2018

Licensed Level 3

Braunstone Leisure Centre, Leicester

Saturday 22nd and Sunday 23rd December 2018

(Age as at 31st December 2018)

Cash Entry Summary & Poolside Pass Application Form

Club

Contact Name

Telephone Number

Email address

Individual Male Electronic Entries @ £6.00 each: Sub Total

Individual Female Electronic Entries @ £6.00 each: Sub Total

Individual Male Paper Entries@ £7.00 each Sub Total.....

Individual Female Paper Entries@ £7.00 each Sub Total.....

Poolside Passes Sat@ £10 per day: Sub Total

Poolside Passes Sun @ £10 per day: Sub Total

Poolside Passes @ £15 For 2 days: Sub Total

Total Cheque Enclosed: £

**Cheques should be made payable to Derventio eXcel Open Meet
Poolside pass DBS Information (passes will not be processed without this information) :-**

Name	Disclosure Number	Position	Date of Issue

Please return all completed entry forms, together with entry fees to:- Duane Rae-McLean, 1 Stamford Close, Long Eaton, Notts, NG10 1PH

Electronic Entries/Enquiries:- entries.openmeet@derventioexcel.org.uk





Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

Christmas Cracker 2018
Licensed Level 3
Braunstone Leisure Centre, Leicester
Saturday 22nd and Sunday 23rd December 2018
(Age as at 31st December 2018)

POOLSIDE OFFICIALS

Since the Open Meet will require many helpers we would ask where possible that visiting clubs supply a qualified official for each session for the duration of the meet. Would you please complete the form below and return it with your swimmers entry form, or send to our officials coordinator Babs Ingram at babs.ingram@btinternet.com

If you have any preferences, please note them below otherwise we will advise you of your allocated duties nearer the day. Refreshments will be provided for all officials, and food for those working on consecutive sessions.

For those un-qualified officials, or J1s and above who require mentoring or practical sessions please also complete the form, indicating what duties you need to cover, and we will do our best to assist, as we actively promote the development of all officials within British Swimming.

Should you require additional forms, photocopies will be accepted, or electronic copies sent to the email address below.

I am available to help at the above Open Meet on Saturday 22nd and/or Sunday 23rd December

Name: _____ **Club:** _____ **Telephone No:** _____

Address: _____

_____ **Post Code:** _____

Email: _____

Licence No: _____

Session	J1	J2	J2S	Training
Sat 22 nd Start 9.30am				
Sat 22 nd Start 1.45pm				
Sun 23 rd Start 9.30am				
Sun 23 rd Start 1.45pm				

(Please x appropriate and return to above address or with entry forms)

Officials briefing will be 30 minutes before the start of each session

Offers of help can also be emailed to Babs Ingram at babs.ingram@btinternet.com





Under ASA Laws and ASA Technical Rules of Swimming. Licence no 3EM182374

Christmas Cracker 2018
Licensed Level 3
Braunstone Leisure Centre, Leicester
Saturday 22nd and Sunday 23rd December 2018

SKINS RULES

The SKINS race distance will be 50m.

The promoter will select the stroke for each race through a random process such as drawing slips from a hat. Each time, the slip will be returned to the hat prior to the next race selection.

Each start will be made according to ASA starting procedure. The starter will give the command 'Take your Marks' and will then attempt to give the starting signal on the 2 minute time slot for each race.

If a swimmer is 'moving at the start' the heat will continue and the swimmer 'moving at the start' will be eliminated at the end of the race instead of the slowest swimmer in that particular race.

If a swimmer "False Starts" and enters the water the remaining swimmers will be stood down and the race re-started when it is safe to do so. Health and Safety of all the swimmers is very important and the race cannot be re-started until safe to do so. The swimmer who "false started" will be eliminated instead of the slowest swimmer in that race.

The referee will determine the slowest swimmer, who is to be eliminated in each round using either Automatic Officiating Equipment (AOE) or placing judges and will inform the slowest or disqualified swimmer of this following every race. To determine this, if AOE is used, the referee will determine whether it operated correctly. If the placing judges determine the slowest swimmer, they will make the referee aware of their decision. The referee will then inform the eliminated swimmer. If the Placing Judges disagree on the swimmer to be eliminated, the Referee will make the decision. If no clear decision can be reached (e.g. a dead heat) all swimmers will swim in the next heat, where two swimmers will be eliminated.

If a swimmer is disqualified for a stroke infringement then they will be eliminated and not the slowest swimmer in that race. Strokes will be in accordance with FINA laws and Technical Rules.

The races proceed according to these rules with the races in each event being 2 minutes apart, until there is an overall winner.

Swimmers will remain in their original assigned lanes throughout the event other than during the final, where the two middle lanes will be used.

In all matters pertaining to the Skins event not covered by these rules the Referee's decision is final.