



Under ASA Laws and ASA Technical Rules of Swimming. Licence no [2EM181185](#)

**8th Short Course Open Meet**  
**Licensed Level 2**  
**The ARC Leisure Centre, Matlock**  
**Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> September 2018**

## VENUE

The ARC Leisure Centre, Matlock, The pool length is 25m, eight lanes, and will be equipped with electronic timing with full display and anti-wave lane ropes. It is the responsibility of the coaches/team managers to ensure that their swimmers use the facility for the purpose intended.

## AGE GROUPS

The age groups are: - 10/11, 12, 13, 14, 15/16, 17 & Over for all events.  
Ages as at 31<sup>st</sup> December 2018.

## AWARDS

Awards will be given to the top three placed swimmers in each age group in each individual event.  
In addition to the individual event awards there will be the following overall awards:-

A **Top Team** award.

**Top Three Boy/Girl** awards in each of the following ages:-

10/11, 12, 13, 14, 15/16, 17 & over

10/11, 12, 13, 14, 15/16 17 & over

The overall awards will be calculated as follows:-

### Top Three Boy / Girl

FINA points will be calculated for all swims. These points will be accumulated into the appropriate British Age Group Category for each individual year age. The overall top three swimmers in each of these BAGCATs will receive an award.

### Top Team

Event points will be scored for all events.

The scoring will be:- 1<sup>st</sup> 6 points, 2<sup>nd</sup> 5 points, 3<sup>rd</sup> 4 point, 4<sup>th</sup> 3 points, 5<sup>th</sup> 2 points 6<sup>th</sup> 1 point

Event points will be accumulated for all swimmers (from all age groups) for each Club.

The overall Top Club will receive a Trophy.

Please address any enquiries or queries to:- [promoter.openmeet@derventioexcel.org.uk](mailto:promoter.openmeet@derventioexcel.org.uk)



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### SCHEDULE OF EVENTS

#### Saturday Session 1

Warm Up 1:00pm  
Start 2:00pm

Expected Finish 5.00pm

#### Sunday Session 3

Warm Up 8:00am  
Start 9.00am

Expected Finish 12.30pm

Event	101	Female	200	IM
	102	Male	100	Free
	103	Female	50	Free
	104	Male	50	Breast
	105	Female	200	Breast
	106	Male	100	Back
	107	Female	100	Fly
	108	Male	400	IM

Event	301	Male	200	IM
	302	Female	100	Free
	303	Male	50	Free
	304	Female	50	Breast
	305	Male	200	Breast
	306	Female	100	Back
	307	Male	100	Fly
	308	Female	400	IM

#### Saturday Session 2

Warm Up 5:00pm EST TBC

Start 6:00pm EST TBC

Expected Finish 9:30pm EST TBC

Event	201	Female	400	Free
	202	Male	200	Free
	203	Female	50	Fly
	204	Male	50	Back
	205	Female	200	Back
	206	Male	100	IM
	207	Female	100	Breast
	208	Male	200	Fly

#### Sunday Session 4

Warm Up 13:00pm EST TBC

Start 14:00pm EST TBC

Expected Finish 17:30pm EST TBC

Event	401	Male	400	Free
	402	Female	200	Free
	403	Male	50	Fly
	404	Female	50	Back
	405	Male	200	Back
	406	Female	100	IM
	407	Male	100	Breast
	408	Female	200	Fly

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**SHORT COURSE QUALIFYING TIMES**

Entries must be within (equal to or faster than) the qualifying times, published below. The acceptance of competitors will be based on quickest times submitted by **age group basis**. (See Meet Rules and Information for full details).

Boys						Girls						
10/11	12	13	14	15/16	17+	EVENT	10/11	12	13	14	15/16	17+
37.2	35.1	33.1	31.3	29.0	28.4	50m Freestyle	37.7	35.7	34.3	33.3	32	31.9
1.20.6	1.15.7	1.11.1	1.07.3	1.02.6	1.01.4	100m Freestyle	1.21.3	1.16.6	1.13.5	1.11.3	1.08.7	1.08.4
2.54.8	2.44.7	2.35.0	2.26.6	2.16.3	2.13.8	200m Freestyle	2.55.4	2.44.9	2.38.0	2.33.5	2.28.0	2.26.4
6.06.0	5.46.0	5.26.8	5.10.4	4.48.7	4.42.5	400m Freestyle	6.04.9	5.43.7	5.29.8	5.20.8	5.10.2	5.07.2
48	45.1	41.9	39.6	36.4	35.7	50m Breaststroke	48.3	45.4	43.2	41.8	40.3	40.0
1.43.4	1.36.9	1.30.1	1.25.1	1.18.4	1.16.7	100m Breaststroke	1.43.5	1.37.3	1.32.3	1.28.7	1.26.2	1.24.9
3.42.4	3.29.2	3.15.3	3.03.9	2.50.7	2.46.3	200m Breaststroke	3.42.1	3.28.8	3.18.2	3.11.5	3.05.8	3.04.1
41	38.8	36.4	34.3	31.5	30.7	50m Butterfly	41.3	39.1	37.3	36.1	34.7	34.6
1.30.4	1.24.6	1.19.1	1.14.4	1.08.8	1.07.0	100m Butterfly	1.30.9	1.24.9	1.21.2	1.18.3	1.15.8	1.14.9
3.18.2	3.06.6	2.54.7	2.44.7	2.31.7	2.26.9	200m Butterfly	3.20.2	3.06.4	2.57.3	2.51.0	2.44.8	2.42.8
42.5	40.3	37.6	35.8	32.6	32.1	50m Backstroke	42.7	40.5	38.7	37.5	36.1	35.8
1.30.5	1.25.2	1.19.7	1.15.0	1.09.3	1.07.6	100m Backstroke	1.31.0	1.25.3	1.21.4	1.19.0	1.16.1	1.15.6
3.13.3	3.02.6	2.51.1	2.41.4	2.29.8	2.27.0	200m Backstroke	3.12.5	3.01.7	2.54.3	2.49.2	2.42.4	2.40.6
1.33.9	1.28.7	1.23.1	1.18.1	1.11.8	1.10.3	100m Ind Medley	1.34.2	1.29.1	1.24.9	1.22.6	1.19.4	1.18.9
3.17.6	3.06.8	2.55.8	2.45.3	2.33.7	2.30.5	200m Ind Medley	3.17.9	3.06.3	2.58.8	2.53.1	2.47.2	2.45.7
6.59.7	6.34.3	6.12.0	5.50.3	5.25.4	5.18.7	400m Ind Medley	6.57.3	6.32.0	6.14.4	6.03.1	5.50.5	5.48.2

**Long Course conversions will be accepted.**

**Times must have been achieved since 1<sup>st</sup> September 2016**



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## 8th Short Course Open Meet Licenced Level 2 The ARC Leisure Centre, Matlock Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> September 2018

### Meet Rules and Conditions

The meet will be held under A.S.A laws and A.S.A technical rules of swimming. This event is **LICENCED LEVEL 2** by the ASA for entry into National, Regional and County Championships. Officials will be from National and Regional lists of Swim England.

All competitors must be members of an affiliated club, eligible to compete and registered in accordance with A.S.A laws and A.S.A technical rules and may enter in the name of one club only.

The promoter reserves the right to limit entries to ensure we do not exceed the maximum time limit laid down by the ASA. In the event that entries are rejected the entry fee will be refunded, a single cheque will be made payable to the club in question. By submitting entries on the official entry forms or electronically, clubs and competitors accept the rules of this competition. Competitors whose entries are accepted and subsequently found to have been entered in the wrong event(s) because of incorrect entry information will be withdrawn from the event(s) and will not have their entry fees refunded. If the error is on the part of the organiser, the swimmer will be withdrawn from the incorrect event(s) and will either:-

- be where possible entered into the correct event or
- where numbers do not permit receive a refund of the relevant entry fee(s).

The pool is 25m and the competition will be swum **short course**. Anti-wave devices will be in place and electronic timing/placing will be used wherever possible. Over the top starts may be used at the promoters' discretion.

**Entries with Short Course times** (long course conversions accepted) should be made via Sports Systems Entry Manager file (or individual entry form if applicable) backed up with the cash entry summary & poolside pass application form together with entry fees. All entries must be received by **25th August 2018**.

All entry times must have been achieved at licensed meets and will be directly checked with the ASA rankings files. The acceptance of competitors will be based on quickest times submitted by age group basis. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. Heats will be swum with all age groups combined and swimmers seeded by entry times. Entries must be within (i.e. equal to or faster than) the published qualifying times for each event.

The entry fee is **£7.00** per event for electronic entries or **£8.00** per event for paper entries. . Cheques should be made payable to Derventio eXcel Open Meet. For payment by electronic transfer our bank details are:- NatWest Bank Sort Code: 60 02 18 Account: 63925303. Ref: Your home club name.

As soon as possible after the closing date, club list sheets will be posted on the Derventio eXcel website, together with any information in respect of entries not accepted. All refunds will be made 'en block' to the club submitting the entries, these will be made by bank transfer or will be available for collection by Clubs on the day. **There will be no refunds for withdrawals after the closing date.**

All events are being swum combined, however awards will be age grouped. **Ages will be as at 31<sup>st</sup> December 2018.** By submitting entries, consent is thereby given, as required under the data Protection Act of 1984, to the holding of personal information on a computer. Personal data, including submitted and recorded times, may be made public during the meet.

Under A.S.A child protection guidelines all spectators wishing to use cameras, video or digital capturing device (including mobile phones) must first register their details on the approved ASA form provided at the spectator entrance with proof of identity. An identification label will be issued which must be on show at all times. This policy will be vigorously enforced and any person found to be contravening this policy will be asked to leave the gala without refund.

The meet will be run without cards. If swimmers intend to withdraw they should inform the meet organisers before the start of the warm up in which that event is to be swum by email to [promoter.openmeet@derventioexcel.org.uk](mailto:promoter.openmeet@derventioexcel.org.uk)

There will be no reserve list at this meet.

All events will be Heat Declared Winners and consist of:-  
50m, 100m, & 200m all four strokes, 400m freestyle, 100m, 200m & 400m IM



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Competitors must report to the competitor stewards prior to their event.

Only swimmers reporting for their event and appointed officials are allowed on poolside during the competition. During warm-ups only coaches and team managers holding the valid meet pass will be allowed on poolside. Wet swimmers are not allowed in spectator areas.

Any matter not covered by these conditions or by ASA laws or technical rules will be at the promoter's discretion.

Entry Forms/Payment to:-  
Duane Rae-McLean  
1 Stamford Close, Long Eaton,  
Notts NG10 1PH

Electronic Entries/Enquiries:-[entries.openmeet@derventioexcel.org.uk](mailto:entries.openmeet@derventioexcel.org.uk)

Manual entries should be submitted to the above contact, all entries sent via post should be sent recorded delivery.

Electronic entries should be emailed to the above address and include an entry report. This should be backed up with full payment and completed cash entry summary sheet & poolside pass application form sent to the address as detailed.

For electronic entries emailed the sent date on the email will be classed as the date submitted likewise for postage entry the posted date will be classed as the entry date. **NO LATE ENTRIES WILL BE ACCEPTED**

No entries will be processed without full and complete payment. Cheques should be made payable to Derwentio eXcel Open Meet. For payment by electronic transfer our bank details are:- NatWest Bank Sort Code: 60 02 18 Account: 63925303. Ref: Your home club name.

The meet promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded, a single cheque or bank transfer will be made payable to club in question.

#### POOLSIDE PASSES

Poolside passes are **£15.00** each for the weekend or **£10.00** each per day, including results and poolside refreshments. Each club may apply for an initial 3 passes (additional passes may be purchased based upon the number of swimmers present at the meet). Passes will only be processed after receipt of the requested DBS information detailed on the application form. Passes maybe requested on the day but will only be issued with proof of a valid DBS certificate. Passes must be worn at all times whilst on poolside and will be required to gain access.

Poolside passes/packs will be available from the meet office before the start of the meet and will include a meet programme and start lists (available at the start of each session).

### THERE WILL BE NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOL PASS

**OVERSEAS CLUBS** The promoter reserves the right to guarantee entries of up to a maximum of two clubs and not exceeding a total of 300 entries, where booking of flights is required to travel to and from the event. All entries must meet the published qualifying times, proof may be requested. This will be on a first come first served basis and application must be by email to the promoter on [promoter.openmeet@derventioexcel.org.uk](mailto:promoter.openmeet@derventioexcel.org.uk) The promoter strongly recommends that no travel arrangements are confirmed until the club receives a written confirmation of entry.

**The following session times are provisional.** Session timing will be finalised once all entries have been processed and will be posted on the Derwentio eXcel website.

Saturday      Session 1 Warm up 1.00pm    Start 2.00pm  
                    Session 2 Warm up 5.00pm    Start 6.00pm

Sunday         Session 3 Warm up 8.00am    Start 9.00am  
                    Session 4 Warm up 1.00pm    Start 2.00pm

#### OFFICIALS

We would ask where possible that visiting clubs provide at least one qualified official per session, their details (together with their qualification) can be forwarded with the clubs entry information on the form included in this pack. Meals and refreshments will be provided.

#### ELECTRONICS

Daktronics timing system with electronic display.





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## DRUG TESTING

Testing may take place at this event and implicit by the submission of an entry form is the willingness, if selected, to be tested under the current ASA procedures.

## MEET RESULTS

In addition to providing a real time results service the meet results will be posted on the Derventio eXcel within 24 hours of the meet closing. Results will also be passed to the ASA for their reference and inclusion in rankings.

For club's using Sports Systems or other software systems, a complete electronic copy of the meet results can be obtained following the meet. Any club's wishing this service should provide their email details to the meet office during or prior to the meet.

## HEALTH & SAFETY

No outdoor shoes to be worn on the poolside. Suitable footwear must be worn outside the pool area. Swimmers must be dry before leaving the wet area and before entering the sports hall. **Swimmers are asked not to enter the spectators' area or foyer unless they are dressed appropriately.** It is the responsibility of the swimmer and or parent to declare to the referee any disability or medical condition that could present a health or safety risk. If such a disability or medical condition exists swimmers must produce a medical certificate confirming that their participation presents no health or safety problems.

## SWIM SHOP

A swim shop will be in operation during this meet, opening hours TBC.

## MOBILE PHONES

Swimmers, parents and coaches are reminded that the use of mobile phones **is not allowed inside the ARC Centre pool area.** This policy is actively enforced and all visitors are asked to comply.

## MEET OFFICE

A Meet Office will be open for the duration of the meet. An emergency email address will be made available and will be displayed on the Derventio eXcel website during the week before the start of the meet.

Please address any enquiries or queries to:- Duane Rae-McLean at [promoter.openmeet@derventioexcel.org.uk](mailto:promoter.openmeet@derventioexcel.org.uk)

## General Information

1. Spectator tickets and programmes will be available at the table situated at the spectator's entrance to the pool.

Spectator admission prices:-

Children under 14 Free

All Day Saturday Adult £6.00 OAP £3.00

All Day Sunday Adult £6.00 OAP £3.00

Weekend Pass Adult £10.00 OAP £5.00

Session Pass Adult £4.00 OAP £3.00

Weekend Programme £5.00

2. Presentation of medals will be made as soon as possible after the event.

3. An accredited team of photographers may be present at the meet on both days. (Please check our web site at [www.derventioexcel.org.uk](http://www.derventioexcel.org.uk))

4. Any conditions not covered in the above will be at the discretion of the promoters **Derventio Excel Swim Squad.**

5. The safety of all competitors, officials and spectators is of paramount importance. During this event announcements concerning your safety will be made in accordance with the recommendations of the ASA. The organisers ask everyone to pay particular attention to these announcements and instructions. Also please keep all emergency exits clear of obstruction and follow all the safety instruction given by the organisers or the sports centre staff.

Please address any enquiries or queries to:- Duane Rae-McLean at [promoter.openmeet@derventioexcel.org.uk](mailto:promoter.openmeet@derventioexcel.org.uk)

## 8th Short Course Open Meet Licenced Level 2 The ARC Leisure Centre, Matlock





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**Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> September 2018****Individual Entry Form**Please return completed entry form with the appropriate entry fee by the closing date of **25<sup>th</sup> August 2018**.**All times to be 25m short course (long course conversions accepted). Age as at 31<sup>st</sup> December 2018.**

Name:			
Gender:	Male / Female	Entry No: (Official Use Only)	
Date of Birth:	/ /	ASA No:	
Club:			
Tel No:		Email:	

Event	Please tick to indicate events entered	Event	Please tick to indicate events entered
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
200m Freestyle		200m Breaststroke	
400m Freestyle		50m Butterfly	
50m Backstroke		100m Butterfly	
100m Backstroke		200m Butterfly	
200m Backstroke		200m Individual Medley	
100m Individual Medley		400m Individual Medley	

Total No of Entries:		@ £7.00 per Event	£ - p
Total No of Paper Entries		@£8.00 per Event	£ - p
Coaches Passes Req'd		@ £10.00 SAT/SUN (delete as applicable)	£ - p
Coaches Passes Req'd		@ £15.00 for Both Days	£ - p

This event is Licenced Level 2 by the ASA for entry into National, Regional and County Championships. Entries must be equal to or faster than the published qualifying times for each event. These entries will be accepted on a 'first come first served'. Please see meet rules and conditions for details. **Times must have been achieved since 1<sup>st</sup> September 2016.**

I certify that the above details are correct, I will abide by the promoter's conditions and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association.

Swimmer's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please return all completed entry forms, together with entry fees to:- Duane Rae-McLean, 1 Stamford Close, Long Eaton, Notts, NG10 1PH**  
(cheques payable to Derventio Excel Open Meet) **Electronic Entries/Enquiries:- [entries.openmeet@derventioexcel.org.uk](mailto:entries.openmeet@derventioexcel.org.uk)**

For payment by electronic transfer our bank details are:- NatWest Bank Sort Code: 60 02 18 Account: 63925303. Ref: Your home club name







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**The ARC Leisure Centre, Matlock**  
**Saturday 22<sup>nd</sup> and Sunday 23<sup>rd</sup> September 2018**  
(Age as at 31<sup>st</sup> December 2018)

### POOLSIDE OFFICIALS

Since the Open Meet will require many helpers we would ask where possible that visiting clubs supply a qualified official for each session for the duration of the meet. Would you please complete the form below and return it with your swimmers entry form, or send to our officials coordinator Babs Ingram at [babs.ingram@btinternet.com](mailto:babs.ingram@btinternet.com)

If you have any preferences, please note them below otherwise we will advise you of your allocated duties nearer the day. Refreshments will be provided for all officials, and food for those working on consecutive sessions.

For those un-qualified officials, or J1's and above who require mentoring or practical sessions please also complete the form, indicating what duties you need to cover, and we will do our best to assist, as we actively promote the development of all officials within British Swimming.

Should you require additional forms, photocopies will be accepted, or electronic copies sent to the email address below.

I am available to help at the above Open Meet on Saturday 8<sup>th</sup> and/or Sunday 9<sup>th</sup> October

**Name:** \_\_\_\_\_ **Club:** \_\_\_\_\_ **Telephone No:** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_ **Post Code:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Licence No:** \_\_\_\_\_

Session	J1	J2	J2S	Training
Sat 22 <sup>nd</sup> Start 2.00pm				
Sat 22 <sup>nd</sup> Start 6.00pm				
Sun 23 <sup>rd</sup> Start 9.00am				
Sun 23 <sup>rd</sup> Start 2.00pm				

(Please x appropriate and return to above address or with entry forms)

Officials briefing will be 30 minutes before the start of each session

Offers of help can also be emailed to Babs Ingram at [babs.ingram@btinternet.com](mailto:babs.ingram@btinternet.com)

